

Pepperell High School Dragon Band– Winds Practice Chart

Name _____ Date _____

Weekly Practice (covers a two-week period)

F	S	Su	M	T	W	Th

Detailed Practice Session

Session Date	Session Start Time	Session End Time

Fundamentals

Concept	✓	Specific Application	Time
Breathing Exercises			
Long Tones			
Lip Slurs			
Range Exercises			
Pianissimo Attacks			
Scales			
Articulation Exercises			

Etudes

Book	
Exercise	
Measures	
Goal/Focus	
Strategies	
Time	

Literature

Solo (✓)	Chamber Music (✓)	Band Music (✓)
Title		
Measures		
Goal/Focus		
Strategies		
Time		

Goal Setting/Reflection

Evaluate today's practice session. Did you complete all of your goals? Do you need to revise your goals to make them achievable? How do you feel about the balance of time between your three areas of practice? Do you need to make adjustments?

Which strategies were most effective during this practice session?

Based on today's session, set some goals for your next practice session. Write these below: